



University of
Southern
Queensland



GRIFFITH
UNIVERSITY
QUEENSLAND AUSTRALIA



Australian
National
University

HELP US TEST A FREE ONLINE TREATMENT PROGRAM FOR CHILD AND TEEN ANXIETY!



Momentum
moving forward

Does your child or
teen have difficulty
with anxiety?

Do you live in a
regional, rural, or
remote area
of Australia?

Are they aged
7-17 years?

If you answered “**Yes**”, you and your child are invited to help us test a **FREE online treatment program** for child and teen anxiety! This program also includes clinical assessments with trained mental health professionals to help you better understand your child’s anxiety!

Your child will learn effective skills to manage their anxiety and you will help us better understand what type of support works best for families living in regional/rural Australia!



Scan the QR code to get started

or for more information, visit our website:

www.momentumhub.org.au/research/

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